**Links for elementary school-age parents:**

[https://covid19k12counseling.org/parent%2Fcaregiver-eleme](https://covid19k12counseling.org/parent/caregiver-eleme)

<https://covid19k12counseling.org/apps-2-support-elementary>

**Links for middle school-age parents:**

<https://covid19k12counseling.org/virtual-tools-middle>

<https://covid19k12counseling.org/middle-school>

**Links for high school-age parents:**

<https://resilienceguide.org/>