

## Curated COVID-19 Resources for Social Justice Educators

Compiled by [UCB Professional Development Providers](#)

<https://tinyurl.com/ucb-covid-resources>

### Public Health Resources

- [CA Dept of Public Health COVID-19 Updates](#)
- [CA Dept of Education's COVID-19 resource page](#)
- [Resources from American Federation of Teachers](#)
- [COVID-19 Resources for Undocumented Californians](#) (Spanish and English, from California Immigrant Youth Justice Alliance)
- [Coronavirus: Wisdom from a Social Justice Lens \(Irresistible\)](#)
- [Coronavirus and Racial + Social Equity: Centering Justice During Times of Uncertainty and Four Things You Can do Right Now \(The Justice Collective\)](#)
- [We Need Social Solidarity, Not Just Social Distancing \(New York Times\)](#)
- ["How to Practice Social Distancing during the Coronavirus Pandemic"](#) (MIT Review, featuring contributions by UC Berkeley Public Health Professor, Dr. Liu)
- [Why Do We Need to Stay Home / What is Flattening the Curve?](#) (Washington Post)
- OEA Public Service Announcements in [English](#), [Spanish](#), [Mam](#), [Cantonese](#), [Mandarin](#)

### Worker Resources

- [Worker Health Resources \(in English and Spanish\)](#)
- [California Federation of Teachers' Worker Toolkit](#)
- [CTA COVID-19 Resources](#)
- [State Labor Resources](#)
- [California Employment Development Department Coronavirus Resources](#) (including unemployment and paid family leave information)
- [Cal/OSHA Guidance on Protecting Workers](#)
- [Randi Weingarten's twitter feed](#), sharing best practices
- [COVID-19 Resources for Charter Schools](#)
- Contact your employer and ask for a copy of their pandemic plan



<https://gse.berkeley.edu/academics/professional-programs/teacher-preparation/support-k-12-community>

## Mental Health/Self-Care Resources

- Contact your district's Employee Assistance Program (EAP) if you are experiencing stress or anxiety and need help (EAPs may also offer guidance with childcare, eldercare, legal resources, etc.)
- [CDC's Mental Health and Coping Resources](#)
- [SAMHSA's Disaster Distress Helpline, TA Center and Mobile App](#) (Substance Abuse and Mental Health Services Administration)
- [NAMI Helpline and Coronavirus Resources](#) (National Alliance of Mental Health)
- [Eating Disorder Remote Resources](#) (including support groups and online communities, from Eating Recovery Center)
- [Gender Spectrum Resources](#) (including online groups, from genderspectrum.org)
- CASEL (Collaborative for Academic, Social, and Emotional Learning) [suggestions for educators](#)
- Ask your provider if they are offering teletherapy, or consider online counseling services such as [BetterHelp](#) or [TalkSpace](#) (these are for-profit companies; this is not an endorsement)

## Remote Learning Resources

- [Humanizing Online Teaching Resources](#)
- [AFT's Remote Learning Community, A Shared Bank of Resources, Lesson Plans and Guidance Docs](#)
- [A small collection of anti-racist, anti-oppressive remote learning materials](#)
- [Links for Distance Learning](#) (including a focus on ELD resources)
- [Arts-Education Resources](#)
- [Afrocentric Homeschool Resources](#)
- [Free Digital Books](#)
- [Comprehensive List of Free Online Educational Subscriptions](#)
- [Educational Podcast Recommendations1](#) and [Podcast Recommendations2](#)
- [UNESCO Distance Learning Resources](#)
- [60 Days of Free Internet](#)



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## Resources for Talking with Young People about COVID-19

- [Multilingual Resources](#)
- [NPR Coronavirus Comic for Kids](#), including with [many translations](#)
- [Infocomics about specific actions](#) (hand washing, wearing masks, fact vs fiction)
- Lesson Plans for [Elementary](#) and [Secondary](#) (Nat'l Science Teachers Association)
- MIT [Full STEAM Ahead's](#) Package 1 focuses on Coronavirus
- [Youtube Video Appropriate for High School Bio Students](#)
- [BrainPop](#)
- [PBS Kids How-To](#)
- [Child's Mind Institute How-To](#)
- [Speaking Up Against Racism Around the New Coronavirus](#) (Teaching Tolerance)
- [Resources for Talking to Teens](#) (Harvard Health)
- [National Association of School Psychologists' Health Crisis Tips](#)
- [Talking to Anxious Youth](#) (Anxiety and Depression Association of America)
- [Making Sense of Coronavirus Through Media and Storytelling/Student Reporting Labs](#) (PBS)

## Resources for Supporting Students with Disabilities

- [DOE Guidance on Services during Closures](#)
- [Disability Rights California Coronavirus Guide](#)
- [Coronavirus Social Stories or Students with ASD Resource 1](#) and [Social Story Resource 2](#)
- [Common Sense Media's Best Special Education Apps and Websites](#)
- [Guidelines for Special Education Administrators](#) (Council of Administrators of Special Education)
- [Diverse Learning at Home](#) (NYC Department of Education)
- [Center on Online Learning and Learning Disabilities Resources](#)
- [Autism Distance Learning Resources](#)
- [Adding Closed Captioning to Zoom](#)
- [Accessible Materials for All Students](#) (National Center on Accessible Educational Materials)
- [Accessibility Checker: How to Ensure your PowerPoint Presentations are Accessible](#)



## Resources for Remote Educator Professional Learning

- Follow UCB PDP (that's us!) on [twitter](#) and [facebook](#). We are regularly updating our [calendar of FREE remote learning offerings](#)
- [Teaching Tolerance](#) has a number of equity-focused podcasts (Queer America, Teaching Hard History: American Slavery, and the Mind Online which focuses on digital literacy)
- Free [3-Part trauma-informed practices webinar](#) by Conscious Discipline



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